

## **Diagnosing criteria**

### **EU Case Definition for Influenza-like Illness**

#### *Influenza-like illness (ILI)*

- . Sudden onset of symptoms

#### **AND**

- . **at least one of the following four systemic symptoms:**

- . Fever or feverishness
- . Malaise
- . Headache
- . Myalgia

#### **AND**

- . **At least one of the following three respiratory symptoms:**

- . Cough
  - . Sore throat
  - . Shortness of breath
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For the purposes of the surveillance influenza should be diagnosed in the following situation  
Sudden onset of a fever of greater than 38.0 C and at least 2 of the following:

- Headache
- Cough
- Myalgia
- Sore Throat
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However if you are convinced a patient has influenza and does not meet the above criteria you are still free to diagnosis it as influenza.

Chicken pox and shingles are self-explanatory.

Vaccination status is something we would like to be recorded in order to take a retrospective examination of later in the season. The method of recording flu vaccines should be to use the item Vaccine and the content influenza [V] in the relevant contact. Recording the batch number can be considered optional for the purposes of this study.

### **Measles**

Definition - "Clinical picture consistent with measles i.e. - a maculopapular rash lasting more than 3 days, a temp of above 38.0, and one or more of the following - cough, coryza, Kopliks spots, or conjunctivitis."

Note measles is notifiable as are some of the other diseases which should be notified in the normal way. Measles can be confirmed via a simple salivary test for a few weeks after the illness which your local public health department will organise for you.

**\*\*Please don't report mini-measles, i.e. the minor reaction following MMR vaccine.**

### **Mumps**

Clinical picture consistent with mumps, i.e. - acute onset of unilateral or bilateral self limiting swelling of the parotid or other salivary gland lasting > 2days and without other apparent cause.

### **Rubella**

A clinical picture compatible with rubella i.e. - acute onset of generalised maculopapular rash and arthralgia/arthritis, lymphadenopathy or conjunctivitis.

### **Gastro-enteritis**

Diagnosis is at the GPs discretion. Acute onset of vomiting or/and diarrhoea.