# Algorithm for the management of persons with acute febrile respiratory illness who may have swine influenza A (H1N1)



Screening

As soon as the patient mentions a febrile respiratory illness and travel in the last 7 days to an area of the world affected by <u>A/H1N1</u><sup>1</sup>, the following precautions (as indicated on right panel) should be taken before continuing with the assessment:

## Standard, **Contact & Droplet Precautions**

 Strict hand hygiene

Primary care/ community

Location: At patient's home if possible Patient to wear surgical mask

Staff to wear surgical mask, and barrier precautions3

Hospital

Location: Side room **Patient** to wear surgical mask

Staff to wear surgical mask, and barrier precautions3

Assessment

#### Clinical

Acute onset of fever (temperature ≥38°C) OR history of fever

AND flu-like illness (two or more of the following symptoms: cough, sore throat, myalgia, headache, rhinorrhea or vomiting/diarrhoea2)

OR other severe/life-threatening illness suggestive of an infective process

### AND

## **Epidemiological**

At least one of the following exposures (A,B,C) within 7 days prior to onset of symptoms:

- A. A person who has travelled to an area1 where there are confirmed cases of swine influenza A (H1N1)
- B. A person who has a close contact to a confirmed case of swine influenza A (H1N1) virus infection while the case was ill
- **C.** A person with a recent history of contact with an animal with confirmed or suspected swine influenza A (H1N1) virus infection

Unlikely to be swine influenza (A/H1N1). Treat and investigate as clinically indicated.

NO YES

Start antivirals as soon as possible<sup>4</sup>

Treatment, Infection Prevention & Control

If the patient's illness can be managed at home

- · Advise to self isolate until results of testing available
- · Advise on respiratory and hand hygiene

If the patient's illness is severe enough to warrant admission to hospital:

- Place patient in a single room preferably with anteroom and ensuite
- Standard, contact & droplet precautions
- Healthcare staff to wear full barrier precautions<sup>3</sup> & FFP3 mask (correctly fitted)
- Keep number of staff caring for the patient to a minimum

**Inform Director** of Public Health (DPH) immediately

Communications

Inform hospital infection prevention & control team and occupational health team

Following discussion with DPH, take combined nose/throat viral swab

**Testing** 

nasopharyngeal aspirate.

Healthcare staff to wear barrier precautions<sup>3</sup> & FFP3 mask (correctly fitted)

Send samples to NVRL5 for urgent analysis

Results

## Flu A Negative

Treat as appropriate AND remove from contact & droplet precautions if appropriate

#### Flu A Positive

Inform local DPH immediately. Local DPH to inform HSE-HPSC immediately of result and discuss prophylaxis.

1. Mexico, US (San Antonio, Texas; San Diego, Imperial County; California). Other countries are under review. 2. Vomiting and diarrhoea have been a feature of some confirmed US cases. 3. Barrier precautions = adequate hand hygiene, use of gowns, clean gloves, and eye protection if splashes are anticipated. 4. Antiviral treatment as outlined in: http://www.hpsc.ie/hpsc/A- $\underline{Z/EmergencyPlanning/AvianPandemicInfluenza/Guidance/PandemicInfluenzaPreparednessforIreland/File, 3257, en. pdf}$ 

www.hpsc.ie

5. See National Virus Reference Laboratory (NVRL) website for information on sending samples (http://www.ucd.ie/nvrl/nvrl\_how\_send.html)